

Eilon Caspi B.S.W. M.A. Ph.D.

Gerontologist & Dementia Behavior Specialist
Founder & Director, Dementia Behavior Consulting LLC

Website: <http://dementiabeaviorconsulting.com>

Email: eiloncaspi@gmail.com

Tel: 617-634-9091

Minneapolis, MN

Education

2010 – Ph.D. in Gerontology – University of Massachusetts Boston (GPA 3.89).

Doctoral Dissertation: Preventing agitated behaviors and encouraging positive emotions among elders with memory-loss in an assisted living residence. Chair: Frank G. Caro. Committee members: Donna Haig Friedman, Ph.D., Ann C. Hurley, RN, DNSc, FAAN & Jeff A. Burr, Ph.D.

2003 – M.A. in Gerontology, Haifa University, Israel (GPA 94, Scale 0-100)

1999 – B.S.W. Tel Aviv University, Israel (Aging track) (GPA 87)

Continuing Education

1999 – 2001 – Eighteen-month program (420 hours) in Administration of Homes for Elders, Bar-Ilan University, School of Social Work, Unit for Continuing Education

Professional Experience

2015 – Present. Founder and director, Dementia Behavior Consulting LLC.

2013 (Jan) – 2015 (March) – Ocean State Research Institute, Providence, RI. Postdoctoral Fellow, Geriatrics & Extended Care Data & Analyses Center (GEC DAC), Canandaigua VA Medical Center, Canandaigua NY.

2010 (Dec) – 2011 (May). Consultant. Tzahalon Geriatric Center, Jaffa, Israel. Led the professional aspects of reopening a special care unit for low-income elders with dementia and implementation of culture change practices.

2010 – Postdoctoral Fellowship. Kunin-Lunenfeld Applied Research Unit, Baycrest, Toronto, Canada. Worked on Project BRAVO (Baycrest Research About Volunteering in Older Adults). Supervisor: Dr. Thecla Damianakis (University of Windsor). Principal Investigator: Dr. Nicole Anderson.

2004 – 2008 – Research Assistant, UMass Boston. Project: Motivation and Barriers for Productive Aging – The Lifestyles Study. Supervisor: Frank Caro.

2001 – 2003 – Social worker. Nursing unit and special care unit for people with Alzheimer's. Tzahalon Geriatric Center, Keshet Association, Jaffa, Israel.

2000 – Social worker. Department for Social Services for Elders, Tel Aviv Municipality, Israel. Responsible for a neighborhood with 250 low-income elders primarily from Yemen.

1999 – Private tutor for a person with schizophrenia (met twice a week for one year).

1998 – Coordinator of 36 college students as part of a Big Brother and Sister Tutoring Program for socio-economically deprived children from Hatikva Neighborhood, Tel Aviv, Israel (Tel Aviv University).

1995 –1997 – Private nurse aide for frail elders and I.D.F. handicapped veterans.

1994/5 – Nurse aide. Nursing unit at “Maccabi Residences,” Ramat Hasharon, Israel.

Teaching Experience

Spring 2012 – Instructor – Course title: Psychology of older adults with memory-loss, Alzheimer’s disease and other dementias. Psychology Department, UMass Boston. To access the course syllabus, go to: http://dementiabeaviorconsulting.com/?page_id=357

Fall 2006 – Teaching Assistant – Qualitative Research Methods course. Instructor: Donna Haig Friedman, Ph.D. Teaching assistant evaluation is available upon request.

Expert Consulting Services

March 2017 – Present. Consulting Alzheimer’s Society of Canada on development of educational resources on prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. For Mary Schultz, Director of Education, Alzheimer’s Society of Canada, Toronto, Ontario, Canada.

Invited for 1-day meeting with researchers, practitioners, and care advocates to develop a research agenda on resident-to-resident aggression in long-term care homes in Canada. This first-of-its-kind event was funded by the Canadian Institutes for Health Research and hosted by the Institute for Life Course & Aging, University of Toronto. The initiative was led by Prof. Lynn McDonald and was held on 5.20.14 in Toronto.

Training Programs

Caspi E. (2017). Eight 3-hour staff training sessions on prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. Delivered on March 13-15 in Thunder Bay and March 29-30, 2017 in Kenora and Fort Frances. Invited by Alison Denton, manager, Regional Behavioral Health Services for Northwestern Ontario with St. Joseph’s Care Group, Thunder Bay, Ontario, Canada.

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. Presentation delivered on 9.13.16 for **LeadingAge Kansas’s Joint Provider/Surveyor Training**. Wichita, KS.

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. Presentation delivered on 9.14.16 for **LeadingAge Kansas’s Joint Provider/Surveyor Training**. Topeka, KS.

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. Presentation delivered on 10.12.16 as In-Service Annual Training for 165 Surveyors and Supervisors of the **Minnesota Department of Health** (such as Health Regulation Division, Licensing and Certification, Office of Health Complaints, Home Care & Assisted Living Program). The Long-Term Care Ombudsman staff are also invited to attend this presentation. The presentation is **sponsored by Orfield Labs Inc.** (Steve Orfield), Minneapolis, MN.

Caspi, E. (2012). Providing dignified bathing experience and preventing resistance to care among nursing home residents with dementia. **In-service training** given on 11.29.12 at St. Anthony Park Home, St. Paul, MN.

2011 (June). Developed and delivered two training programs (3-hours each) to the care staff (nurse aides, nurses, social workers, occupational therapists) of a special care unit and nursing unit at Mishan Neot Afeka, Tel Aviv, Israel. Topics: Approaches to care for elders with dementia; communication techniques; and psychosocial strategies for prevention of behavioral expressions in residents with dementia.

Spring 2011. Developed and led a dementia-specific training program (12 hours; 10 learning units) to 33 nurse aides and nurses. Topics: Background on dementia, communication techniques, care approaches, prevention of behavioral expressions. Tzahalon Geriatric Center, Jaffa, Israel. Participants' satisfaction survey: average score 3.9 on a scale of 1-4.

Caspi, E. (2011). Aggressive behaviors between residents with memory loss in an assisted living residence. Training delivered on 12.1.11 at Compass on the Bay Memory-Support Assisted Living, Boston. MA.

Caspi, E. (2010). Aggressive behaviors between elder residents with memory-loss in an assisted living residence. Training delivered on 12.12.10 to the interdisciplinary team of the psychogeriatric day center, Ichilov Hospital, Tel Aviv, Israel.

Caspi, E. (2003). Validation Therapy: Alzheimer's-specific communication techniques.

6.12.03 – Social workers of the Department for Welfare of Elders, Municipality of Ramat Gan, Israel.

10.14.03 – Social workers of the Department for Care of the Elder Population, Municipality of Kfar-Saba, Israel. Co-presented with Koren, C.

2.12.03 – Support group of family caregivers of elders with Alzheimer's disease. Alzheimer's Association of Israel, Ramat-Gan Chapter, Israel.

December 2002. Delivered a workshop (5 sessions) to the staff (nurses and nurse aides) based on the principles of Validation Method, a communication method for old people with Alzheimer's disease. Tzahalon Geriatric Center, Jaffa, Israel.

2000 – Trainer. Home for the Aged in Tel Aviv, Israel. Delivered a 5-session workshop on prevention of conflicts between elder residents with low-income.

Book

Caspi, E. (in press) Fighting for Dignity: Prevention of Distressing and Harmful Resident-to-Resident Interactions in Dementia in Long-Term Care Homes. Health Professions Press. Expected release: 2018

Publications (Under review)

Damianakis, T. et al. **Caspi, E.** Best practices in volunteer management with older adults. *Journal of Applied Gerontology*.

Publications (peer-reviewed)

Caspi, E. Trust at stake: Is the “dual mission” of the U.S. Alzheimer’s Association out of balance? *Dementia: The International Journal of Social Research and Practice*. [In press]

Caspi, E. A federal survey deficiency citation is needed for resident-to-resident aggression in U.S. nursing homes. *Journal of Elder Abuse & Neglect*. [In press]

McDonald, L., Hitzig, S.L., Pillemer, K.A., Lachs, M.S., Beaulieu, M., Brownell, P., Burnes, D., **Caspi, E.** et al. (2015) Developing a research agenda on resident-to-resident aggression: Recommendations from a consensus conference. *Journal of Elder Abuse & Neglect*, 27, 146–167.

Anderson, N.D., Damianakis, T., Kroger, E., Wagner, L.M., Dawson, D.R., Binns, M.A., Bernstein, S., **Caspi, E.**, & Cook, S.L., & The BRAVO Team (2014, Aug 25). The Benefits Associated with Volunteering Among Seniors: A Critical Review and Recommendations for Future Research. *Psychological Bulletin*. Advance online publication.

Caspi, E. (2015). Aggressive behaviors between residents with dementia in an assisted living residence. *Dementia: The International Journal of Social Research and Practice*, 14(4), 528-546. Link: <http://www.ncbi.nlm.nih.gov/pubmed/24339115>

Caspi, E. (2014). Wayfinding difficulties among elders with dementia in an Assisted Living Residence. *Dementia: The International Journal of Social Research and Practice*, 13(4), 429-450.

Caspi, E. (2014). Does self-neglect occur among older adults with dementia when unsupervised in Assisted Living? An exploratory, observational study. *Journal of Elder Abuse and Neglect*, 26(2), 123-149.

Caro, F.G., Burr, J.A., **Caspi, E.**, and Mutchler, J.E. (2010). Motives that bridge diverse activities of older people. *Activities, Adaptation & Aging*, 34(2), 115-134.

Caro, F.G., **Caspi, E.**, Burr, J.A., and Mutchler, J.E. (2009). Global activity motivation and activities of older people. *Activities, Adaptation & Aging*, 33(3), 191-208.

Caspi, E., Silverstein, N.M., Porell, F., and Kwan, N. (2009). Physician outpatient contacts and hospitalizations among cognitively-impaired elderly. *Alzheimer’s & Dementia*, 5(1), 30-42.

Editorial

Caspi, E. (2016). Deaths as a result of resident-to-resident altercations in dementia in long-term care homes: A need for research, policy, and prevention. *Journal of the American Medical Directors Association, 17*(1), 7-11.

Letters to the Editor

Caspi, E. (2015). Policy Recommendation: The National Center for Prevention of Resident-to-Resident Aggression in Dementia. *Journal of the American Medical Directors Association, 16*, 527-534.

Caspi, E. (2013). Time for change: Persons with dementia and “behavioral expressions,” not “behavior symptoms.” *Journal of the American Medical Directors Association, 14*(10), 768-769.

Caspi, E. (2013). M.D.S. 3.0 – A giant step forward but what about items on resident-to-resident aggression? *Journal of the American Medical Directors Association, 14*(8), 624-625.

Non Peer-Reviewed Manuscripts

Caspi, E. (2011). Old language versus new language in care of elders with memory-loss: A collection of contrasting quotes.

Caspi (2011). Early-life events and current reactive behaviors among elders with dementia.

Caspi, E. (2012). Recognizing Early Warning Signs of Responsive Behaviors in Persons with Dementia.

Caspi (2012). Principles for meaningful engagement of residents with dementia in organized activities.

Caspi, E. (2012). Why do we need to know the early life-history of older persons with dementia?

Caspi, E. (2012). “*Why the devil they don’t ask us what we’re thinking?*” The need for Residents’ Council meetings in special care units for persons with dementia in Assisted Living Residences.

Caspi, E. (2012). There is a need for social workers in special care units for persons with dementia in Assisted Living Residences.

Caspi, E. (2012). “*I was really scared...cause there was nobody around.*” A night of a resident with Alzheimer’s disease in a special care unit of an assisted living residence.

Caspi, E. (2012). Rigor versus relevance in structured observational strategies in research on agitated behaviors in persons with dementia.

Caspi, E. (2013). Behavioral Log: A critical tool for understanding and preventing reactive behaviors among long-term care residents with dementia.

Caspi, E. (2013). Aggressive behaviors between residents with dementia: Recommendations for change in the regulations of assisted living in Massachusetts.

Caspi, E. (2013). "*In the 22 years that I have known her, I have never seen her so happy.*" The positive effects of an intimate relationship between two residents with dementia in an assisted living residence.

Caspi, E. (2015). Case Report: Resident in late-stage dementia exercising at a fitness center.

Caspi, E. (2015). Commentary on Michael Ellenbogen's statement as quoted in a Washington Post article by Fredrick Kunkle on May 27, 2015: More people with Alzheimer's are becoming activists – which brings its own challenges. Available at: <http://tinyurl.com/ptqgtv2>

Caspi, E. (2015). Potential therapeutic benefits of participation of people with dementia on Care Farms. Available at: <http://tinyurl.com/p36l9kd>

Non Peer-Reviewed Publications (Hebrew)

Caspi, E. (2013). The importance of knowing the life-history of older persons with memory-loss. *The Newsletter of the Israeli Alzheimer's Association*, 75, 22-23.

Caspi, E. (2012). Meaningful engagement of residents with memory-loss in organized activities in long-term care residences. *The Newsletter of the Israeli Alzheimer's Association*, 74, 14.

Caspi, E. (2012). Old and new cultures of language in care of persons with memory-loss in long-term care residences. *The newsletter of the Israeli Alzheimer's Association*, 71, 24-25.

Caspi, E. (2011). The differences between the old and new cultures of care for persons with dementia. *The newsletter of the Israeli Alzheimer's Association*, 70, 20.

Caspi, E. (2011). Prevention of behavior problems and encouragement of positive emotions among elders with Alzheimer's in special care units of an assisted living residence. *The newsletter of the Israeli Alzheimer's Association*, 68, 18-19.

Caspi, E. & Koren, C. (2003). Validation Therapy: Care and communication with patients with Alzheimer's disease. *Dorot*, 67, 32-35.

Media Coverage

Caspi, E. (2016). Resident-to-Resident Fatal Incidents in Dementia in Long-Term Care Homes. Interview held on 12.20.16 at **Coroner Talk™** Host: Darren Dake, Death Investigation Training Academy. To access the podcast, go to:
<http://coronertalk.com/fatal-resident-resident-incidents>

Caspi, E. (2016). Misconceptions about people living with dementia. **Radio Interview** on 3.20.16. MyTalk 107.1 (an affiliate of KSTP). Host: Twila Dang. St. Paul. MN. Link to podcast (along with Jim Miley and Peter Schwartz, Symphony Senior Home Care).

Fischer, M., **Caspi, E.**, & Berry, J. (2015). People with dementia and Care Farms. **Radio talk** given on 6.23.15 on Alzheimer's Speaks Radio. Host: Lori La Bey. Available at:
<https://alzheimersspeaks.wordpress.com/2015/06/23/dementia-farms-care-farms-additional-resources/>

Caspi, E. (2013). Keynote speaker: A practical education program for rabbis on understanding and assisting people with Alzheimer's disease. MN Act on Alzheimer's Twin Cities Jewish Community Task Force. Held on Nov 14 2013 at Temple Israel, Minneapolis, MN. Broadcasted on **ParkTV15** on Jan 21 2014 (Comcast Cable TV). Eilon delivered two presentations: 1. Background on Alzheimer's; 2. Practical Approaches and Communication Techniques.

Caspi, E. (2013). Distressed or distressing: Re-framing behavior in Alzheimer's. **Radio talk** given on 8.14.13 on Conversations in Care. Host: Tami Neumann. Available at:
<http://tinyurl.com/ky2xpcm>

Caspi, E. (2012). Prevention of responsive behaviors. **Radio talk** given on 12.17.12 on Alzheimer's Speaks Radio. Host: Lori La Bey. Available at: <http://tinyurl.com/c62pucc>

Conference Presentations

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. Presentation delivered on 11.15.16 at the Care Providers of Minnesota 68th Annual Convention, Bloomington, MN.

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. Presentation delivered on November 2-5 at 40th Annual Conference of The National Consumer Voice for Quality Long-Term Care, Arlington, Virginia.

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. **Keynote** presentation delivered on 10.14.16 at the Minnesota Medical Directors Association annual conference.

Caspi, E. (2016). Understanding and preventing resident-to-resident altercations in dementia in long-term care homes. Presentation delivered on 4.7.16 at the 20th Annual Education Conference, **CT Alzheimer's Association**, Cromwell, CT.

Caspi, E. (2015). Understanding and preventing resident-to-resident aggression in dementia. Presentation delivered on 4.1.15 at the 19th Annual Education Conference, **CT Alzheimer's Association**, Cromwell, CT. Level: Advanced professional. Evaluation sheet is available upon request. [Evaluation is available upon request]

Caspi, E. (2014). Understanding and preventing behavioral expressions in persons with memory loss. Talk given on 5.31.14 at the Caring for a Person with Memory Loss Conference, University of Minnesota, School of Nursing.

Rosenbloom, M.H., Caspi, E., Gleekel, J., Rosenthal, C., (2014). Sharing perspectives: Journeying through the stages of Alzheimer's disease. Panel workshop delivered on 10.19.14 at the 14th Jewish Community Fall Mental Health Conference, Temple Israel, Minneapolis, MN.

Caspi, E. (2014). Resident-to-resident aggression in dementia. Talk delivered on 8.21.14 at VA GEC (Geriatric & Extended Care) Steering Committee, **VA Central Office**, Washington, D.C.

Caspi, E. (2014). Preventing resident-to-resident aggression in dementia. Workshop delivered on 5.21.14 at the Annual NICE Knowledge Exchange, Toronto, Canada.

Caspi, E. (2014). Preventing resident-to-resident aggression in dementia. Talk delivered on 7.30.14 during the Side Event: The right of older people to holistic palliative care, adequate pain management and dementia care and support. The 5th Session of the Open Ended Working Group on Ageing. **United Nations**, New York, NY.

Caspi, E. & Bonifas, R.P. (2014). Preventing resident-to-resident aggression in dementia. Workshop delivered on 3.13.14 at the American Society on Aging annual conference, San Diego, CA.

Caspi, E. (2013). Preventing behavioral expressions in persons with Alzheimer's disease: A road map. Talk delivered on 10.13.13 at the Fall Mental Health Conference, Temple Israel, Minneapolis, MN.

Caspi, E. (2009). Aggressive behaviors between residents with memory loss: An in-depth examination. Paper presented at the annual meeting of the Gerontological Society of America, November 18-22, Atlanta, GA.

Poster Presentations

Poey, J., Fischer, M., & **Caspi**, E. (2016). Green Care Farms: Connecting elders with community. Poster presented at the annual meeting of the American Society on Aging, March 22, Washington D.C.

Caspi, E., Caro, F., Burr, J. A., Mutchler, J. (2005). Motivations and barriers to exercise among older adults. Poster presented at the annual meeting of the Gerontological Society of America, November 18 - 22, Orlando, Florida.

Invited Presentations

Caspi, E. (2017). Summary of 73 fatal resident-to-resident incidents in dementia in long-term care homes: General preliminary findings. Presentation delivered on 6.9.17 at Seniors Advocate of B.C. and **Ministry of Health of B.C.**, Victoria, Canada.

Caspi, E. (2017). Fighting for dignity: Prevention of distressing and Harmful resident-to-resident interactions in dementia in long-term care homes. Two-hour presentation delivered on 3.17.17 at Minnesota Nursing Homes Social Workers Association, Minneapolis, MN.

Caspi, E. (2016). From Labeling to Learning: New Culture of Language in Caring for Elders Living with Dementia. Presentation delivered on 12.8.16 at Successful Aging Initiative, St. Louis Park, MN. Organizer: Annette Sandler.

Caspi, E. (2016). From Labeling to Learning: New Culture of Language in Caring for Elders Living with Dementia. Presentation delivered on 9.19.16 at Mary t Inc., Coon Rapids, MN.

Caspi, E. (2016). Fighting for dignity: Prevention of distressing and harmful resident-to-resident interactions in dementia in long-term care homes. **Webinar** delivered on 5.12.16 at BarinXchange, Toronto, Canada. Invited by Mary E. Schulz, Director, Information, Support Services and Education, Alzheimer's Society of Canada.

Caspi, E. (2016). Deaths as a result of resident-to-resident altercations in dementia in long-term care homes: A need for research, policy, and prevention. Presentation delivered on 4.21.2016 to the Ethical Committee of The Care Navigator, Lakewood, Colorado.

Caspi E. (2016). Fighting for Dignity: Prevention of resident-to-resident negative interactions in dementia in long-term care homes. Presentation delivered on 4.13.16 at Stratis Health (Bloomington, MN) for the **National Nursing Home Quality Care Collaborative**. This is a Great 8+ presentation organized by Lake Superior Quality Innovation Network and the Medicare QIO-QINs serving **18 states**. Over 250 people attended the webinar.

Caspi, E. (2016). Fighting for Dignity: Prevention of resident-to-resident negative interactions in dementia in long-term care homes. Presentation delivered on 3.11.16 at the Minnesota Elder Justice Center, St. Paul, MN.

Caspi, E. (2016). Fighting for Dignity: Prevention of resident-to-resident negative interactions in dementia in long-term care homes. Presentation delivered on 2.2.2016 at the Minneapolis VA Geriatric Research, Education and Clinical Center Seminar Series.

Caspi, E. (2015). Prevention of behavioral expressions of unmet needs in people with dementia: Putting on a detective hat. Presentation delivered on 12.2.15 to the interdisciplinary team at VA Adult Day Health Center, Richfield, MN. Invited by Suzy Anderson. Assistant Nurse Manager. The presentation was **video recorded. DVD is available.**

Caspi, E. (2015). Understanding and preventing resident-to-resident aggression in dementia. Presentation delivered on 2.26.2015 to VA Community Living Centers' (formerly called VA nursing homes) psychologists and psychiatrists. **Mental Health Services, VA Central Office.**

Caspi, E. (2014). Understanding and preventing resident-to-resident aggression in dementia. Talk delivered on 11.14.14 as part of Social Connectedness Seminar Series at University of Rochester, NY.

Caspi, E. (2014). Understanding and preventing resident-to-resident aggression in dementia. Talk delivered on 11.12.14 to VA Canandaigua Community Living Center's medical directors and nursing directors. Canandaigua, NY.

Caspi, E. (2014). Understanding and preventing resident-to-resident aggression in dementia. Talk delivered on 11.12.14 to VA Canandaigua Community Living Center's care staff and clinicians. Canandaigua, NY.

Caspi, E. (2014). "Left on her own and becomes anxious." A close look at a subgroup of vulnerable residents with dementia. Talk delivered on 9.18.14 to the Ethical Committee of The Care Navigator, Lakewood, CO. Host: Pamela Wilson.

Caspi, E. (2014). Aggressive behaviors between veteran residents with dementia: Overview of planned study in VA long-term care home. Talk delivered on 4.22.14 at Long Term Services and Supports, Center for Innovation, Providence VA Medical Center.

Caspi, E. (2013). Non-pharmacological prevention of aggressive behavioral expressions in older persons with Alzheimer's disease. Talk given on 11.21.13 at Shaller Family Sholom East Campus, St. Paul, MN.

Caspi, E. (2013). Preserving the personhood of older persons with Alzheimer's disease: Possibilities and opportunities. Talk given on 10.25.13 during a Shabbat Service at Shir Tikva Congregation, Minneapolis, MN.

Caspi, E. (2013). Understanding and preventing behavioral expressions among older persons in mid-to-late stage dementia. Talk given on 6.13.13 at a family **support group**, Wilder Foundation, St. Paul, MN. Facilitator: Kathryn Ringham.

Caspi, E. (2013). Understanding and preventing responsive behaviors in seniors with memory-loss. Talk given on 1.22.13 at HealthPartners' Center for Memory & Aging, St. Paul, MN.

Caspi, E. (2013). Understanding and preventing responsive behaviors in seniors with memory loss. Talk given on 1.22.13 at a **support group** for family care partners of seniors with memory-loss, Mt. Zion Temple, St. Paul, MN. Facilitator: Chris Rosenthal.

Caspi, E. (2012). Understanding and preventing responsive behaviors in older persons with memory loss. Talk given on 11.27.12 at **support group** for family care partners of seniors with memory-loss, Mt. Zion Temple, St. Paul, MN. Facilitator: Chris Rosenthal.

Caspi, E. (2012). Insights on Qualitative Research Methods from direct observation doctoral research study in an assisted living residence for people living with dementia.

Talk given on 4.12.12 at Qualitative Research Methods course at University of Massachusetts Boston, Boston, MA. Invited by Prof. Donna H. Friedman.

Caspi, E. (2011). Principles in prevention of responsive behaviors among persons with dementia. Talk given on 3.9.11 at **support group** for family caregivers of persons with Alzheimer's disease. Petach Tikva Chapter of the Israeli Alzheimer's Association.

Caspi, E. (2010). Principles in prevention of behavioral expressions among elders with memory loss. Talk given on 12.6.10 at **support group** for family caregivers of persons with Alzheimer's disease at the psychogeriatric day center, Ichilov Hospital, Tel Aviv, Israel.

Caspi, E. (2010). Preventing negative emotions and agitated behaviors and encouraging positive emotions among elders with memory-loss.

11.22.10 – **Support group** for family caregivers of persons with Alzheimer's disease. Mishan Neot Afeka, Tel Aviv, Israel.

2.16.10 – Assisted Living Memory Support Program, NewBridge on the Charles, Dedham, M.A.

2.2.10 – Assisted Living for persons with memory-loss (dissertation study site).

Caspi, E. (2010). Overview of methods used in a direct observation study on agitated behaviors in dementia. Talk given on 2.11.10 at UMass Boston Qualitative Methods Course. Instructor: Donna H. Friedman, Ph.D.

Caspi, E. (2010). Care staff strategies for managing emotions among elder residents with memory-loss. Talk given on 2.11.10 at the UMass Boston's Qualitative Research Methods Workshop.

Caro, F. & Caspi, E. (2007). Aging, active, and healthy: Insights from the Massachusetts Lifestyle Study. Talk given on 5.9.07 at Brookline Senior Center, MA.

Other Presentations

Caspi E. (2016). Care Farms for people living with dementia. Presentation delivered on 3.12.16 at Land Stewardship Project Farm Beginners Course, Amery WI.

Caspi, E. (2016). "Mind Over Matter" - Wood Carved Brain Hemisphere and Its Potential Practical Value for Family and Professional Care Partners. **Video Recorded** Interview with Lori La Bey, founder of Alzheimer's Speaks, Conscious Caring Resources TM

Research

2010 – Project BRAVO (Baycrest Research About Volunteering in Older Adults). As part of a postdoctoral fellowship, developed and delivered a training program in qualitative interviewing to a group of seven leadership volunteers interviewers. Assisting with finalizing the qualitative interview guide. Supervisor: Dr. Thecla Damianakis (University of Windsor). Principal Investigator: Dr. Nicole Anderson, Kunin-Lunenfeld Applied Research Unit, Baycrest, Toronto, Canada.

2007 – 2010 – Preventing agitated behaviors and encouraging positive emotions among elders with memory-loss in an assisted living residence. Conducted a 10-month qualitative dissertation study. Setting: two special care units for persons with memory-loss. Data collection: Direct observations complemented by review of clinical records and semi-structured interviews with direct care staff and managers.

2006 – Secondary data analysis of the Health and Retirement Study under the instruction of Frank Porell, Ph.D. and Nina M. Silverstein, Ph.D. Study entitled: Physician outpatient contacts and hospitalizations among cognitively-impaired elderly.

2004 – 2008 – Research Assistant, UMass Boston, Department of Gerontology. Project: Motivation for productive aging. Duties: Literature review, development of item content for surveys, survey administration, and assistance with analysis. PI: Frank Caro, Ph.D.

2002 – 2003 – M.A. Thesis: Illness representations and their relationship with burden of care among 100 primary family caregivers of community-residing persons with dementia. University of Haifa, directed by Perla Werner, Ph.D. English abstract available at (once logged on [it might take 30 seconds to open], scroll down to the last 3 pages): http://digitool.haifa.ac.il:80/webclient/DeliveryManager?pid=502106&custom_att_2=simple_viewer

2002 (Aug – Nov) – Research Assistant, University of Haifa, Department of Gerontology. Evaluation of a support group for people in early-stages of Alzheimer's disease. The first group in Israel. Duties: observation and documentation of group meetings, phone interviews with the study participants, content analysis, and summary of findings. PI: Perla Werner, Ph.D.

Research Grant Reviewer

Another Look: Better Health for Elders in Care Facilities. The Donaghue Foundation. West Harford, CT. November 16, 2015; August 23-24, 2016. Chair: Dr. Mary Jane Koren.

Qualitative Research Workshop

2005 – 2007 – Administrative coordinator of the UMass Boston Qualitative Research Methods Workshop lead by Robert Weiss, Ph.D.

Qualitative Data Analysis Software

NVivo 8.0 – Extensive experience and skills in using the software.

Academic Awards and Honors

2006 – Massachusetts Gerontology Association Annual Student Paper Competition. Title: "Whether or not specialized regulations for persons with Dementia/Alzheimer's disease/cognitive impairment who reside in Assisted Living Residences in Massachusetts should be implemented." Instructor: Frank Caro, Ph.D.

2003 – High Honor Award and Scholarship for Excellent Academic Achievement from the Dean of Graduate Studies. University of Haifa, Haifa, Israel. M.A. in Gerontology.

Advisory Board

2016 (May – present). Advisory Board member, Healthy Aging Program, Center for Digital Innovation (CDI) Negev, Israel.

Volunteer Activities

2015 (October 4, 11, 25). Table discussion facilitator. Dementia and family relationships film series. Minnetonka Community Center, MN. Organized by Dr. Richard A. King.

2014 (January – present). Dementia Action Alliance Leadership Advisory Council. A consortium of experts aimed at informing policy, research, and service provider stakeholders about person-centered care for people with dementia. Duties: Quarterly conference calls and other tasks. Led by Karen Love and Jackie Pinkowitz.

2013 (March – present). Dementia Chats. Host: Lori La Bey, Founder of Alzheimer's Speaks. Duties: Assisting Lori during the webinars (monthly) with people in early-stages of dementia. To access Dementia Chats, go to: <http://tinyurl.com/nfvull4>

2013 (January – present). Family Advisory Council. HealthPartners' Center for Memory & Aging, Regions Hospital, St. Paul, MN. Led by Dr. Michael Rosenbloom.

2012 (November – present). Member of the Minnesota Act on Alzheimer's Twin Cities Jewish Community Alzheimer's Disease Task Force. Among other duties, developed an innovative Alzheimer's-specific training program for rabbis (11.14.13). To learn more about the task force's work, go to: <http://www.actonalz.org/twin-cities-jewish>

2012 – Assisting the Association for the Planning and Development of Services for the Aged in Israel (ESHEL) in translating the film *Introduction to Validation* (2011) to Hebrew. Validation Method is a communication method with elders with Alzheimer's disease.

2004 – Together with Dr. Chaya Koren initiated and carried out a lengthy process of encouraging ESHEL to invite Naomi Feil, Founder of Validation Method, to deliver a full-day seminar in Israel on the method on 5.20.04.

2000 – Support group for caregivers of people with Alzheimer's disease, Alzheimer's Association, Ramat-Gan branch, Israel.

Ad Hoc Reviewer

American Journal of Alzheimer's Disease & Other Dementias (2016)
Journal of Applied Gerontology (2015)
Dementia: The International Journal of Social Research and Practice (2015)
Age and Ageing (2014)
Research on Aging (2013, 2014)
Journal of Aging & Social Policy (2013)

Membership in Associations

American Society on Aging
Gerontological Society of America

Archival Blog

The International Center for Prevention of Distressful and Harmful Resident-to-Resident Interactions in Dementia in Long-Term Care Homes:

Launched in April 2012. The blog aims to raise awareness to and provide resources for prevention of the public health problem of resident-to-resident negative interactions in dementia in long-term care homes. Visitors are invited to ask questions and/or share resources. To access the over 1,000 free resources posted on the blog, go to: <http://eiloncaspiabbr.tumblr.com>

Other

Trained as a “Dementia Champion” on 6.4.2014. Act on Alzheimer’s, St. Paul, MN.

Film screening – The Country Side of Care

On February 15 2017, together with Stacey Spencer, from Jewish Family & Children Services of Minneapolis, I helped organize and facilitate the 2nd screening of the film *The Country Side of Care* in Minnesota. About 50 people mostly professionals working with people with disabilities and those working with elders attended the event.

On Dec 13 2016 I helped organize and facilitate the 1st small screening of the *film The Country Side of Care* in Minnesota. Producer: Sanne Hijlkema. The film describes the Lifeside Care Farming program in Montana (founded and run by Maarten Fischer). The event was hosted by Annette Sandler, director of Aging Services at Jewish Family & Children Services of Minneapolis.

Course Taken

Land Stewardship Project’s Farm Beginners’ Class. Completed this course (9 sessions) in Amery, WI in October 2016. I took this course in order to collaborate with farmers on development and implementation of Care Farms for people with dementia.

Varsity Team

1998 – Tel-Aviv University Volleyball Varsity Team.

Hobbies

Beach volleyball and wood carving (carving brain hemispheres and educational signs such as *SEE ME Not My Dementia*). All my carvings are done only with hand tools (without power tools). **My latest carved brain hemisphere** made out of Mahogany is permanently **displayed at the Cushing [Brain] Center, Yale University** Medical Library: <http://library.medicine.yale.edu/cushingcenter> A professional image of the brain hemisphere has been published in Woodcarving Illustrated 2016 Summer issue.