November 20, 2017

Some two years ago my wife was diagnosed with early signs of Dementia. The Neurologists started her of with some medication and then added some more, but it was made clear that no one knows if it will help or slow things down. So it was clear that we, both my wife and I, her support person, needed to learn how to live with this new situation. After being married some 50 years and raising a family we have experience and tools to deal with most situations that come up in life, but not this. We needed help. It needed to be clear and personalized for us.

We meet with Dr Caspi three times and it changed our outlook and feelings. We have a choice, we can live with this situation and we should share openly with friends and family and ask their support. We can continue to be active and have a life with dignity and no fear from the stigma in our society. Support my wife to do the things she can do, and assist when and where she needs it. When she asks. And finally, its now clear, that I too need some care, attention, and time off so I can be a strong supporter.

To conclude, I would highly recommend you meet with Dr. Caspi. After our three session he supplied us with a written summary clearly giving us guidance of what we can do, and not do, and how to keep on living with this new condition.

Just as a person with poor eyesight is not hiding this condition and wears glasses, or a person with poor hearing openly use a hearing aid, we have learned to openly accept dementia and are now comfortable living with it thanks to Dr. Caspi work with us.

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